



## PRESS RELEASE

### Japanese Society of Nephrology (JSN) and European Renal Association (ERA) announce Joint Symposium on Kidney Health in Aging and Aged Societies

*September 14-15, 2024 – Kyoto, Japan*

September 11, 2024 - The Japanese Society of Nephrology (JSN) and the European Renal Association (ERA) are pleased to announce their Joint Symposium on **Kidney Health in Aging and Aged Societies** in collaboration with JSDT (Japanese Society for Dialysis Therapy), a pivotal event dedicated to exploring and addressing the challenges and opportunities presented by the rising incidence of kidney diseases in aging populations worldwide.

Co-chaired by two leading authorities in the field, Prof. Masaomi Nangaku from the JSN and Prof. Christoph Wanner from the ERA, this important conference aims to promote global understanding of kidney health in rapidly aging societies. As people live longer and population dynamics shift, it is imperative to understand how demographic trends are shaping global health, particularly kidney health, and to develop innovative strategies to preserve kidney function in elderly populations.

The primary focus of the conference is to foster international dialogue and cooperation in understanding how aging affects kidney health and to explore solutions to mitigate the rising burden of kidney diseases in aging populations. Experts from across the globe will convene to discuss the following key themes:

- **Demographic impact:** how population aging is reshaping health priorities and increasing the prevalence of chronic kidney disease (CKD).
- **Preventive strategies:** approaches to preserving kidney health in older adults, focusing on early diagnosis, preventive care, and lifestyle interventions.
- **Co-morbidities:** The conference will address how kidney disease interrelates with other aging-related conditions such as cardiovascular disease, diabetes, and hypertension.
- **Future outlook:** with projections showing people will live longer globally, the need for forward-looking strategies to tackle kidney disease as a public health priority is more urgent than ever.

According to demographic projections, populations worldwide are aging rapidly, and the prevalence of kidney disease is expected to rise dramatically in the coming decades. This will impact millions of lives and placing an increasing burden on healthcare systems. The



conference will serve as a vital platform for sharing the latest research, clinical advancements, and policy frameworks that can help tackle this escalating issue.

Prof. Nangaku and Prof. Wanner, both world-renowned experts in nephrology, emphasize the importance of international collaboration in addressing the global kidney health crisis. *"As people live longer, maintaining kidney health will be critical to ensuring quality of life in aging societies,"* says Prof. Wanner. *"This conference represents a significant step forward in our shared commitment to understanding the challenges ahead and implementing strategies that will safeguard kidney health globally."*

Prof. Nangaku added, *"Japan has one of the world's most aged populations, and we have already seen the impact on public health. By working together, we can apply global lessons and foster new innovations that will benefit all nations facing similar demographic shifts."*

The **Kidney Health in Aging and Aged Societies** conference promises to offer invaluable insights into one of the most pressing healthcare issues of our time. With input from leading nephrologists, epidemiologists, policymakers, and healthcare providers, the symposium will serve as a catalyst for shaping future healthcare policies and practices aimed at preserving kidney health in the face of demographic changes.

## Call for Action

As we stand on the threshold of a rapidly aging global society, our shared mission is to confront pressing challenges arising from the intersection of aging and kidney health. In Japan, one of the world's most aging societies, and in Europe, where the aging population is also growing, the prevalence of kidney disease among the elderly is increasing at an alarming rate. By 2040, kidney disease is expected to be among the top ten comorbidities in many European countries.

Over the years, JSN and ERA have built strong relationships through collaboration and scientific knowledge exchange. Our partnership has trained the next generation of nephrologists and facilitated the sharing of cutting-edge research. And now, more than ever, mutual collaboration is essential for developing innovative strategies for kidney health and disease prevention in an aging society.

This symposium is an opportunity to share knowledge and call for action. Together, we will advance translational science, facilitate epidemiological research, and explore the future of renal replacement therapy. Our goal is to ensure equitable access to kidney disease prevention and treatment strategies for all elderly people.



Together, we will shape the future of kidney health in the aging world. Let us seize this moment for all patients we care for and develop solutions that will protect the health of an aging population for generations to come.

### Call for Action: Achieving Kidney Health in Aging/Aged Societies

- Encourage comprehensive data collection on kidney disease in an ageing/aged population
- Define kidney health in the elderly
- Elucidate the mechanisms of kidney ageing and accumulate knowledge of therapeutic options
- Establish treatment goals and recommend appropriate therapeutic options for kidney disease in the elderly
- Publish future recommendation for research in kidney disease in the elderly

For more information, including speaker details, schedule, and registration information, please visit <https://www.m-toyou.com/khiaas2024/index.html>.

### About the European Renal Association (ERA):

The ERA is a leading professional organization dedicated to advancing the understanding of kidney diseases and improving patient outcomes in Europe. Through its conferences, research initiatives, and educational programs, ERA works to foster collaboration and innovation in nephrology.

### About the Japanese Society of Nephrology (JSN):

The JSN is committed to improving the prevention, diagnosis, and treatment of kidney diseases in Japan and globally. As one of the most influential nephrology societies in Asia, JSN promotes cutting-edge research and the development of new clinical guidelines for kidney health.

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